



Marilee Arthur

Quantum Biofeedback Practitioner, Counselor, Personal Trainer, Nutrition Consultant

Green Table Talk

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INFORMED CONSENT FOR BIOFEEDBACK TRAINING

DISCLAIMER

I understand Marilee Arthur is not a licensed practitioner but a certified Quantum Biofeedback Practitioner. As such, I understand that she will not diagnose, evaluate, treat, cure, mitigate or prevent any medical disease, disorder or condition, outside of her scope of practice or scope of education. I further understand that she will not advise, recommend, suggest or counsel me on any medical treatment, condition, disorder or disease of any kind. I further understand that it is my responsibility to continue my medications and remain under the care of my primary physician.

MY BACKGROUND

*In addition, I further understand that Marilee Arthur is a **certified Quantum Biofeedback Practitioner and is also educated as a Professional Counselor with minor studies in Psychotherapy, a certified Personal Trainer, and Nutrition Consultant***. I am clear in my understanding that she is not licensed as a physician, psychologist or chiropractor, and as such cannot and will not diagnose, treat, cure, mitigate or prevent any medical disease, disorder or condition. She will train me with biofeedback for relaxation and muscle re-education so I can learn to reduce my stress, manage my pain, and improve the quality of my life. I further understand that she will refer me to qualified experts for any other concerns I have about my health and wellness.

BIOFEEDBACK

Biofeedback is a complementary and alternative technique which enables an individual to learn to change some physiological activities for the purpose of improving health. With biofeedback, the subject is connected to the biofeedback device with sensors to measure and receive information (feedback) about the body (bio). The biofeedback sensors use mild electrical impulses that measure skin temperature known as Electro Dermal Response (EDR), which teaches the individual to make subtle bodily changes, such as relaxing certain muscles, to achieve desired results, such as reducing pain. Biofeedback is often used as a relaxation technique.

I understand that biofeedback training is generally considered safe, but it is possible that biofeedback may exacerbate some emotional problems, or I may become drowsy at least temporarily, during the biofeedback training sessions. I agree to advise Marilee Arthur anytime I feel any side effects, so corrective steps may be taken to alleviate my discomfort. I understand it is my responsibility to ask my medical doctor for permission to undergo biofeedback training if I wear or have any medical condition that may be exacerbated by relaxation.

The instrument utilized in the training sessions is called the QUEX biofeedback system, which requires that the client connect to the system with a head band, ankle and wrist straps to measure EDR. The scope of my practice through the use of this biofeedback system includes stress reduction training programs for relaxation training, pain management, muscle re-education and brainwave training. Although this training is expected to produce beneficial results, such results

cannot be guaranteed. Biofeedback training is a complement, not a substitute, for medical or psychological treatment, and any ongoing treatment should not be discontinued without advice of your treating physician.

OTHER MODALITIES

Green Table Talk also provides blood type testing for the purposes of identifying a client’s blood type. Green Table Talk endorses the work of Dr. D’Adamo, a Naturopathic Doctor also considered a world expert in glycobiology, principally the ABO (ABH) blood groups and the secretor (FUT2) polymorphisms.. Dr.D’Adamo’s dietary recommendations and supporting supplements are tools used by Green Table Talk as a measure of reducing dietary stress.

CONFIDENTIALITY

Client information will be kept in confidence and will not be disclosed to anyone outside of this office without your written consent, unless as is required by law.

ARBITRATION PROVISION (if applicable) *Arbitration sets forth an agreement to forgo court action to settle disputes that arise between client and practitioner. Local organizations may provide arbitration services which may be subscribed to handle such matters.*

CONSENT

Your signature below indicates that you have read and understood the information in this document and that you consent to biofeedback training under the provisions stated. I also confirm that I have received acceptable answers to all my questions about biofeedback services. I consent to receive biofeedback training from Marilee Arthur. I warrant that I am not under duress at this time and my consent is given and without coercion. I further understand I may discontinue biofeedback training at any time and that I may refuse to participate in any particular or specific biofeedback training without penalty. If I do not understand or consent to anything stated in this document, it is my responsibility to request and receive clarification before signing.

Client's Signature	Client's Name	Date
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FOR PARENTS/GUARDIANS OF MINOR CLIENT

I attest that I have full legal authority to make decisions for the minor named below, and that I give my permission for him/her to undergo biofeedback training.

Parent/Guardian's Signature	Minor's Name	Date
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